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IN THE CIRCUIT COURT OF
THE 11TH JUDICIAL CIRCUIT
IN AND FOR DADE COUNTY, FLORIDA

GENERAL JURISDICTION DIVISION

CASE NO. 94-08273 CA (22)

HOWARD A. ENGLE, M.D.,
et al.,

Plaintiffs,

vs.

R.J. REYNOLDS TOBACCO
COMPANY, et al.,

Defendants.

Miami-Dade County Courthouse
Miami, Florida
Tuesday, 9:35 a.m.
March 23, 1999

TRIAL - VOLUME 261

The above-styled cause came on for trial
before the Honorable Robert Paul Kaye, Circuit Judge,
pursuant to notice.

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APPEARANCES:

STANLEY M. ROSENBLATT, ESQ.
SUSAN ROSENBLATT, ESQ.
CLIFFORD DOUGLAS, ESQ.
On behalf of Plaintiffs

DECHERT PRICE & RHOADS
ROBERT C. HEIM, ESQ.
SEAN P. WAJERT, ESQ.
On behalf of Defendant Philip Morris

COLL DAVIDSON CARTER SMITH SALTER & BARKETT
NORMAN A. COLL, ESQ.
On behalf of Defendant Philip Morris

ZACK KOSNITZKY
STEPHEN N. ZACK, ESQ.
On behalf of Defendant Philip Morris

CARLTON FIELDS WARD EMMANUEL SMITH & CUTLER
R. BENJAMINE REID, ESQ.
DOUGLAS CHUMBLEY, ESQ.
On behalf of Defendant R.J. Reynolds

JONES, DAY, REAVIS & POGUE
RICHARD M. KIRBY, ESQ.
DIANE PULLEY, ESQ.
On behalf of Defendant R.J. Reynolds

KING & SPALDING
MICHAEL RUSS, ESQ.
RICHARD A. SCHNEIDER, ESQ.
On behalf of Defendant Brown & Williamson

CLARKE SILVERGLATE WILLIAMS & MONTGOMERY
KELLY ANNE LUTHER, ESQ.
On behalf of Defendants Liggett Group
and Brooke Group

SHOOK HARDY & BACON
EDWARD A. MOSS, ESQ.
WILLIAM P. GERAGHTY, ESQ.
On behalf of Defendant Brown & Williamson
JAMES T. NEWSOM, ESQ.
On behalf of Defendant Lorillard

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APPEARANCES (Continued)

DEBEVOISE & PLIMPTON
ANNE COHEN, ESQ.
JOSEPH R. MOODHE, ESQ.
On behalf of Defendant The Council for Tobacco Research

GREENBERG TRAURIG HOFFMAN LIPOFF ROSEN & QUENTEL
DAVID L. ROSS, ESQ.
On behalf of Defendant Lorillard

MARTINEZ & GUTIERREZ
JOSE MARTINEZ, ESQ.
On behalf of Defendant Doral Tobacco Corp.
and Tobacco Institute

KASOWITZ BENSON TORRES & FRIEDMAN
AARON MARKS, ESQ.
NANCY STRAUB, ESQ.
On behalf of Defendants Liggett Group
and Brooke Group

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HUGH R. GILMORE, M.D.

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None

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DEFENDANTS'

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1 (Whereupon, the following proceedings were had:)

2 THE COURT: Good mornin', all. Have a seat.

5 MS. LUTHER: Judge, these are just some
6 envelopes stamped for the order on the directed verdict
7 motion. I had to leave my office too early yesterday.
8 My secretary didn't have them done yet.

11 MS. LUTHER: That's true, but you have to do
12 an order one way or the other.

13 MR. ROSENBLATT: Have to?

14 MS. LUTHER: Hope springs eternal.

15 THE COURT: Okay, I'll keep these.

16 So 4:30, it's a heck of a time to tell us.

17 MR. ROSS: That shouldn't be a problem,

18 Judge. The direct of today's witness will clearly

19 done this morning. I don't know how long cross will
20 be.

21

22 MR. ROSENBLATT:

23 sidebars?

25 those.

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1 MR. ROSENBLATT: It's a one-way deal. I said
2 to myself yesterday, Judge, after the morning session,
3 after, I don't think I objected, I said, that never
4 happened on their case. Susan says, you let them play
5 a symphony.

6 THE COURT: I noticed in the paper about
7 Brooke, Limited.

8 MR. REID: It was in the business section
9 this morning.

10 MS. LUTHER: I don't know what you're talking
11 about, Judge. I didn't see the paper this morning.

12 THE COURT: You don't know, they're selling
13 out to PM?

14 MR. REID: That was in the paper before.

15 THE COURT: 145 million.

16 MR. HEIM: Actually, what they did is they
17 sold three of the brands to Philip Morris.

18 THE COURT: Paid first five million before
19 and now 145, there's going to be 145 over six years.

20 Does that effect us in any way?

21 MS. LUTHER: No.

22 THE COURT: Okay. Just wondered. But I
23 don't know if the jury read it or if they read the
24 business section, but I'll ask them again. There
25 always seems to be something in the paper.

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1 MR. REID: It was buried in the back of the
2 business section.

3 THE COURT: Yes, but I found it. Not that I
4 have any business reading the business section, but
5 whatever.

6 Okay. Let's bring the jury in.

7 THE COURT: I understand that there's going
8 to be a response to Brooke's motion.

9 MR. ROSENBLATT: Yes, Your Honor.

10 THE COURT: Is that today? Or don't you
11 know?

12 MR. ROSENBLATT: I don't think it's ready
13 yet.

14 MS. LUTHER: Of course, Your Honor, it's my
15 understanding that you wouldn't be waiting for the
16 response before entering a motion.

17 THE COURT: She says she's going to respond.

18 MS. LUTHER: Well, she promised she would
19 respond in Broin and she never did.

20 THE COURT: Well, Broin ended up in
21 settlement. Hope springs eternal.

22 (The jurors entered the courtroom.)

23 THE COURT: Well, good morning. How is
24 everybody?

25 THE JURY PANEL: Fine.

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1 THE COURT: Over the night has anybody read,
2 seen, been exposed to, watched, talked about or in any
3 way been in contact with any information that regards
4 tobacco, tobacco industry, tobacco products, issues,
5 anything that deals with this case in the related form
6 of tobacco?

7 And if you did, would it bother you or affect
8 your decision?

9 No?

10 Okay. Now we have to proceed with another
11 witness this morning. Is the witness present?

12 MR. ROSS: Yes. Call Dr. Hugh Gilmore.

13 THE COURT: Dr. Gilmore.

14 Thereupon:

15 HUGH GILMORE, M.D.

16 having been called as a witness, was duly sworn,
17 examined, and testified as follows:

18 DIRECT EXAMINATION

19 BY MR. ROSS:

20 Q. Good morning, ladies and gentlemen.

21 Would you please state your name.

22 A. I'm Hugh Gilmore.

23 Q. And Dr. Gilmore, what is your address?

24 A. I'm at 1321 N.E. 14th Street in Miami, I have
25 a practice of medicine in that office.

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1 Q. And you are a medical doctor?

2 A. Yes, I am.

3 Q. And what type of practice do you have at that
4 office?

5 A. I practice internal medicine and cardiology.

6 Q. Dr. Gilmore, how old are you?

7 A. 73.

8 Q. Do you still carry a full patient load in
9 your practice?

10 A. Yes, I do. I'm in a group of four and we all
11 take an equal load in the practice.

12 Q. Dr. Gilmore, what is your medical specialty?

13 A. Internal medicine, cardiovascular diseases,
14 which would be the treatment of the heart and blood
15 vessels.

16 Q. Tell the jury what does the term "cardiology"
17 means.

18 A. It refers to the study of heart disease.

19 Q. I'd like to have you tell the jury a little
20 bit about your background and your education. First
21 tell us, where did you attend college and what degree
22 did you receive?

23 A. I went to college in Swarthmore,
24 Pennsylvania, a small college outside of Philadelphia,
25 and I achieved a degree as a Bachelor of Arts in

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1 biology.

2 Q. Then where did you go to medical school?

3 A. I went to medical school in Philadelphia at
4 the University of Pennsylvania. I graduated in 1950
5 with a degree in medicine.

6 Q. While in medical school did you receive any
7 academic honors?

8 A. Yes, I was in the AOA, that's the honor
9 medical society.

10 Q. After you completed your medical school, did
11 you do an internship?

12 A. Yes. I had an internship in Los Angeles,
13 California, a residency of medicine at the University
14 of Colorado in Denver.

15 Q. By the way, is cardiology a subspecialty of
16 internal medicine?

17 A. Yes, it is.

18 Q. After you finished your training at the
19 University of Colorado at Denver --

20 A. Then I returned to the University of
21 Pennsylvania as a fellow in internal medicine and
22 gastroenterology.

23 Q. Did you also serve a tour of duty in the
24 military?

25 A. Yes, two years on active duty with the U.S.

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1 Navy. Medical officer stationed for one year on a ship
2 and then for one year in a hospital.

3 Q. During the time that you went back to
4 Philadelphia for further training, did you become a
5 trainee for the National Institute of Health?

6 A. Yes. After a year at the University of
7 Pennsylvania, I spent a year in cardiology for the
8 National Institute of Health supported by a fellowship.
9 And I then moved to Miami and had the same position
10 that was -- I had an NIH fellowship in cardiology at
11 the University of Miami.

12 Q. How does one become a trainee for the
13 National Institute of Health?

14 A. One applies and competes with other
15 applicants for the position. If you receive the
16 appointment, you're supported for a year to study
17 cardiology.

18 Q. Are you board certified?

19 A. Yes, I'm board certified in internal
20 medicine.

21 Q. When did you become board certified in
22 internal medicine?

23 A. 1959 and 1960.

24 Q. At that time, was there a subspecialty board
25 for cardiology?

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1 A. Yes, there was. It was a new board. That
2 was, the idea was to begin to splinter off into groups,
3 and each subspecialty in medicine would have its own
4 board. Initially it wasn't very popular, and I didn't
5 see any need to take the examination, so I never took
6 that examination.

7 Q. Was there any need to take the examination at
8 that time in order to practice in the field of
9 cardiology?

10 A. Yes, and there's never been any particular
11 need to take that examination, at least from my point
12 of view, for my position it's nothing helpful.

13 Q. Now, how was it that you came to Miami from
14 Philadelphia?

15 A. The University of Miami was a new medical
16 school and they chose as their professor of medicine a
17 faculty member from the University of Pennsylvania. We
18 were friendly, and I asked to accompany him to the
19 University of Miami. And I did so.

20 So six of us came from the University of
21 Miami, or to the University of Miami from the
22 University of Pennsylvania as faculty members in
23 medicine.

24 Q. And when you came to the University of Miami
25 Medical School, was it a brand new medical school at

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1 that time?

2 A. Yes. The first class graduated either the
3 year that I got here or the next year. So it was a
4 brand new medical school.

5 Q. When you came to the University of Miami, you
6 came to teach?

7 A. Yes.

8 Q. What did you teach at the University of Miami
9 Medical School?

10 A. Cardiology, which would be heart disease and
11 cardiovascular diseases, diseases of the blood vessels.

12 Q. How many instructors in cardiology did the
13 University of Miami Medical School have when it first
14 opened?

15 A. I was the third one. So there were two
16 cardiologists who preceded me. There was a chief and
17 there were two instructors, myself and another doctor.

18 Q. How long were you a full-time academic
19 teacher of cardiology at the University of Miami
20 Medical School?

21 A. Thirteen years.

22 Q. During your 13 years at the University of
23 Miami, did your position change?

24 A. My responsibilities were the same, but we
25 were gradually promoted from instructor to assistant

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1 professor and then associate professor. After 13 years
2 I resigned and went into private practice, but I
3 maintained a contact with the University. And I now
4 have the title of clinical professor of medicine, which
5 means I'm a volunteer -- I don't get paid -- but I have
6 a faculty appointment as a clinical doctor rather than
7 as a full-time faculty member.

8 Q. Is your title clinical full professor of
9 medicine?

10 A. Yes, they don't put "full," they say
11 "clinical professor of medicine."

12 Q. What do you teach today at the University of
13 Miami in your position as a clinical professor of
14 medicine?

15 A. At the present time my responsibilities
16 really are a lecture to medical students about once a
17 month on the risk factors of coronary artery disease.

18 Q. Why did you decide to leave teaching and go
19 into private practice?

20 A. The primary reason was I enjoy taking care of
21 patients better than I enjoy working in a medical
22 school. And the opportunity was there at that time and
23 I took it.

24 Q. During your medical career, I'd like you to
25 just tell the jury briefly about some of the medical or

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1 professional appointments or positions that you've
2 held.

3 A. While I was working for the University of
4 Miami I was director of the hypertension clinic, which
5 would be the treatment of high blood pressure. I was
6 director of the peripheral vascular clinic, which would
7 be the diagnosis and treatment of vascular disease.

8 At each hospital, I've served on various
9 committees. That would include at Bascom Palmer, I was
10 chief of medicine and cardiology for the first few
11 years of its activity. I was a consultant to
12 cardiology to Eastern Air Lines. At Cedars, I've been
13 on a variety of committees. I'm on the panel for
14 reading electrocardiograms and at the admissions
15 committee for University of Miami for several years.

16 Q. Which hospitals do you have staff privileges
17 at?

18 A. At the present time I work only at Cedars
19 Medical Center.

20 Q. Have you had staff privileges at other
21 hospitals?

22 A. Yes. I've been on the staff of Jackson,
23 Bascom Palmer, and the Veterans Administration
24 Hospital, and at one time Victoria Hospital.

25 Q. I'd like you to tell the jury a little bit

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1 about your current practice. I know you told us you
2 have a full patient load. What is the nature of your
3 medical practice?

4 A. It's primarily an office practice. We have
5 office hours five days a week. We admit patients to
6 the hospital when they're sick, and then we care for
7 our own patients in the hospital.

8 Q. We've heard the term "invasive cardiology";
9 what is invasive cardiology?

10 A. It refers to people who perform procedures
11 that are invasive in the sense, for example, passing a
12 catheter into the heart, inflating a balloon to cause
13 the vessel to be wide open; doing cardiac surgery would
14 obviously be invasive, but those physicians would be
15 referred to as cardiac surgeons. I don't do invasive
16 cardiac surgery.

17 Q. What types of medical testing do you do in
18 your practice?

19 A. In the office we take a history, do a
20 physical examination. We perform electrocardiograms,
21 chest x-ray, laboratory values, echocardiograms,
22 pulmonary function. And within the hospital or in
23 other laboratories we do treadmill stress testing; that
24 is, stress testing by walking on the treadmill or by
25 chemicals.

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1 Q. In your practice do you exclusively see
2 patients with either some form of heart disease or
3 cardiovascular disease?

4 A. No. I have still a practice that includes
5 internal medicine. I would say 20 percent of my
6 patients have diseases other than the heart or
7 cardiovascular system. And a number of patients come
8 for checkups, they really don't have any disease. And
9 I have a fair number of patients in whom I identify
10 risk factors, and it's really preventive cardiology
11 that I'm practicing. They don't have heart disease. I
12 just don't want them to get heart disease.

13 Q. Dr. Gilmore, would you give us an idea of
14 approximately how many patients with some form of heart
15 disease that you have seen during your career as a
16 cardiologist?

17 A. Well, I've been in practice a long time,
18 since 1959, as a cardiologist. And I would say that
19 I've seen eight to 10,000 patients with cardiovascular
20 disease.

21 Q. When you were a full-time faculty member at
22 the University of Miami, I assume that as part of your
23 academic responsibilities you kept up with all the
24 current medical literature in your specialty of
25 cardiology?

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1 A. Yes, I did.

2 Q. Have you continued to do that since you've
3 been in private practice?

4 A. Yes, I do. I read the medical journals, I
5 subscribe to two services that abstract medical
6 literature. We have a weekly cardiology meeting at
7 Cedars Medical Center. And I attend other medical
8 educational meetings.

9 Q. How would you say that your study of the
10 literature in cardiology compares to most practicing
11 physicians?

12 A. I think, compared to practicing physicians, I
13 have a greater opportunity to see the literature, and I
14 certainly think that I work at it a little harder. The
15 medical library at Cedars is adjacent to my office, or
16 it's in the next building and I can go there every day
17 to read literature if I need to.

18 Q. Dr. Gilmore, we're going to be talking this
19 morning about some concepts of heart disease,
20 cardiovascular disease. I'd like to begin by having
21 you explain some basic concepts for the jury so they
22 can follow along with us. In that regard, have you
23 helped me prepare some demonstrative exhibits?

24 A. Yes, I have.

25 Q. Let me put the first one up here.

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1 With the Court's permission, Dr. Gilmore,
2 feel free to come down and point things out on the
3 board. Here is a pointer if you need it.

4 And let me ask you first if you could, using
5 this, describe for us the types of blood vessels in our
6 body and their role in our body.

7 A. You can see it's a picture of the human body,
8 and the red lines represent the arterial blood system.
9 The heart is the central pump, it pumps blood out the
10 aorta, and all these branches go to all the peripheral
11 tissues. It then passes through capillaries where it
12 discharges oxygen, picks up carbon dioxide, and
13 returned by a venous system, which is usually shown in
14 blue, which would be parallel to this arterial system.

15 Q. If we're talking about the arteries in the
16 area of the heart, what do we refer to those as?

17 A. The arteries all have individual names, but
18 in general, the arteries to the heart are called the
19 coronary. The arteries to the brain are cerebral
20 vascular bed, "cerebral" referring to brain. Arteries
21 that are distal to the body are generally called
22 peripheral, so the arms and legs would be the
23 peripheral arteries.

24 Q. Now, you've told us, of course, that the
25 centerpiece of all of this is the heart, and I want to

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1 talk a little bit more specifically about the heart.

2 So let me put this down and put up the next one.

3 Again, you helped us prepare this
4 demonstrative aid?

5 A. Yes, I did.

6 Q. Describe for the jury, if you would, please,
7 the heart and the major portions of the heart and their
8 functions.

9 A. There are three pictures. They all show the
10 same view of the front view of the heart.

11 And if I go to the center one, this is the
12 heart, illustrated in red would be the aorta, the major
13 vessel coming from the heart. And it's from this aorta
14 that all the branches supplying the body derive. It's
15 illustrated by showing the right coronary artery and
16 the left coronary artery.

17 The dark gray would be the heart muscle. The
18 light gray would be the cavities of the heart, and the
19 labeling is really for the coronary arteries.

20 If we go to the drawing on the left, it's a
21 little more colorful because it shows the veins. That
22 is the blood coming back to the heart has no oxygen,
23 and it's blue. Once it picks up the oxygen, it's
24 colored red.

25 From the upper part of the body, the superior

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1 vena cava, from the lower part, the pulmonary trunk.
2 It comes into the chamber of the heart and goes to the
3 lungs, out through the pulmonary artery, still blue,
4 picks up oxygen in the lungs, comes back through the
5 left pulmonary vein and the right pulmonary vein. Now
6 it's red. It goes back into the heart and into the
7 aorta as I showed on the first drawing.

8 You can see that the veins returning from the
9 blood from the coronary arteries are parallel, but
10 they're colored in blue. This drawing shows that the
11 heart has been bisected so that you look into the
12 chambers. The structures are the same, but inside the
13 heart there are valves. There are four chambers and
14 four valves. Each valve separates the chambers so that
15 the blood won't go backwards; it maintains forward flow
16 of blood.

17 Q. Now we've also heard something called the
18 conduction system of the heart. What's the conduction
19 system of the heart?

20 A. That's not shown on this drawing, but the
21 heart has an automatic conduction system, a primary
22 pacemaker that is subject to influence, so that it can
23 go faster or slower. And from that pacemaker,
24 there's -- the best analogy would be an electrical
25 system, there is a system called the conduction system

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1 that generates an electrical impulse that causes the
2 heart muscle to contract. So there are diseases of
3 which the conduction system doesn't function normal.

4 Q. What is the normal number of times that our
5 hearts beat?

6 A. Under resting conditions, the normal rate is
7 60 to 100 beats per minute.

8 Q. And I'm sure jurors have heard you mention
9 the word electrocardiograms. What's an
10 electrocardiogram?

11 A. You can measure the electrical current that
12 goes down the conduction system. It's called
13 depolarization. It's an electrical impulse that causes
14 the heart muscle to contract. And it generates a
15 current that can be picked up on the body surface, so
16 you can put wires on the arms and legs, hook it up on a
17 galvanometer, and it will generate for every heart beat
18 a graph of that electrical impulse causing the heart to
19 contract.

20 Q. Thank you, Dr. Gilmore.

21 I want to talk to you next, Dr. Gilmore,
22 about cardiovascular diseases. First of all, in
23 general, what is a cardiovascular disease?

24 A. That would be an abnormality or pathology,
25 some abnormality of the heart or blood vessels.

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1 Q. Now, is there just one disease that is known
2 as cardiovascular disease or are there many?

3 A. No, any disease that involves a heart or
4 blood vessel would be called a disease of the
5 cardiovascular system, or it would be called heart
6 disease.

7 Q. And again, is there one heart disease?

8 A. No, there are many.

9 Q. When you see a patient in your practice and
10 determine that a patient has some heart problems, would
11 you ever give a diagnosis that's just heart disease?

12 A. No, my responsibility is to try to determine
13 what kind of heart disease it is, because the
14 treatments and the prognosis, that is the future,
15 depends upon what the specific kind of heart disease
16 is.

17 Q. And do the risk factors for different types
18 of heart disease also differ?

19 A. Yes. Each kind of heart disease would have
20 its own set of risk factors.

21 Q. Okay. Dr. Gilmore, what is a risk factor?

22 A. A risk factor is generally a statistical
23 association between an event and a result. So it's
24 usually just based on statistics.

25 Q. In general, again talking broadly about

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1 cardiovascular diseases in general, are they considered
2 to be multifactorial diseases?

3 A. In general, most heart diseases are
4 considered to have many risk factors, and therefore
5 they're called multifactorial.

6 Q. We've heard references to risk factors in
7 this trial, as you've just said. You also just
8 mentioned that that's related to association,
9 statistical associations. If something is a risk
10 factor, does that mean in your opinion that the factor
11 causes the disease?

12 A. No. Many years ago, at least for
13 arteriosclerosis, many years ago it was decided that we
14 didn't know the cause, it wasn't decided by me, but by
15 cardiologists, they had a meeting and said: We don't
16 know the cause, and they said: It might be better if
17 we called these factors "risk factors," and if we could
18 document and study the risk factors, perhaps we could
19 solve the problem for heart disease.

20 Q. When you see patients for any type of heart
21 disease, do you routinely assess the patients for risk
22 factors?

23 A. Yes. I do the best I can to identify all the
24 risk factors that exist.

25 Q. And generally, how does medical science

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1 determine that something is a risk factor for disease
2 such as cardiovascular disease?

3 A. As I said, there's a statistical correlation.
4 There are a lot of studies to try to make it more
5 certain than just association, that is, intervention
6 studies in which you take away the risk factor and see
7 if the disease disappears, animal models, to see if you
8 can reproduce or cure the disease in animals.

9 And one would like to have a biological
10 association, that is, one would like to be able to say
11 that this risk factor is causal because of this
12 mechanism. So we would like to know a mechanism by
13 which the risk factor might cause or result in heart
14 disease.

15 Q. Next I want to turn to the subject of
16 cardiovascular diseases and specifically heart
17 diseases. You told us that there were many of those.
18 And again, have you helped us prepare a chart of
19 various heart diseases that you deal with in your
20 practice?

21 A. Yes, I have.

22 Q. Is this that chart?

23 A. Yes, it is.

24 Q. Now, heart disease would be one type of
25 cardiovascular disease, correct?

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1 A. That's correct.

2 Q. And up here on this board we have types of
3 heart diseases, and I want to talk to you about these.

4 Let me first ask you this question, then
5 we're going to go through each one of them and talk
6 about them specifically. But in terms of the number of
7 diseases that you have on the board, are most of these
8 diseases on this chart statistically associated with
9 cigarette smoking?

10 A. No, most of them are not.

11 Q. All right. Let's go through them and talk
12 about which ones are and which ones aren't.

13 First we have on the board: Diseases of the
14 Muscle. And you told us, while we were looking at this
15 diagram of the heart, that the dark gray outline of the
16 heart is the heart muscle.

17 Are there actually diseases of the heart
18 muscle, itself?

19 A. Yes. And that's the first one up there,
20 Cardiomyopathy, would just be a term that refers to,
21 "myo" is muscle, so cardiomyopathy is pathology or
22 abnormality, disease of the heart and muscle.

23 There are many causes of cardiomyopathy, but,
24 for example, myocarditis would be an infection either
25 with bacteria or, more likely, virus; so viral

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1 myocarditis would be a form of myopathy.

2 Q. Is cigarette smoking considered to be a risk
3 factor for the development of either of these diseases
4 of the muscle, that is, cardiomyopathy or myocarditis?

5 A. No.

6 Q. Next you told us about, on your diagram of
7 the heart, the heart valves. Are there diseases of the
8 heart valves?

9 A. Yes. And there are three listed there.

10 There are many diseases of the heart valves. At one
11 time diseases of the heart valve due to rheumatic fever
12 was probably the commonest cause of heart disease in
13 the world. But at the present time, with the control
14 of infection, that's much less important.

15 So the three that I've listed there, mitral
16 valve prolapse, which is very common, the one that
17 involves the valves in the heart is called the mitral
18 valve. If it buckles or leaks it's called prolapse.

19 It occurs in perhaps 10 percent of women. So it's a
20 common ailment.

21 Aortic stenosis would be a different valve,
22 the aortic valve, which is the valve that allows the
23 blood to go out the aorta to the body, and stenosis
24 means it's too tight. So when you have a tight aortic
25 valve, that's called stenosis. That's common. It may

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1 occur at birth or it may develop due to age.

8 Q. Is cigarette smoking considered to be a risk
9 factor for any of these diseases of the heart valves?

10 A. No.

11 Q. Next on the board we have something called
12 the endocardium. What's the endocardium?

13 A. The endocardium is the lining of the heart,
14 three layers. The endocardium is the lining. The
15 myocardium is the heart, that's the muscle. And the
16 next one you'll see is the pericardium, which is a sac
17 around the heart.

18 So there are three layers. Endocardium can
19 be infected, it can be infected by bacteria.

20 Q. Is cigarette smoking considered to be a risk
21 factor for the development of endocarditis?

22 A. Nozaki

23 Q. And are there also diseases of the
24 pericardium that you just spoke about?

25 A. Yes. The sac around the heart is a

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1 pericardium. I've mentioned pericarditis, which would
2 be an inflammation, mainly viral. I've mentioned
3 cardiac tamponade, which means that there's too much
4 fluid in the cardial sac, and it embarrasses the heart
5 function. It can come from trauma, usually gunshot
6 wound, a stabbing wound or infection.

7 Q. And is cigarette smoking considered to be a
8 risk factor for any of these diseases of the
9 pericardium?

10 A. No.

11 Q. Next we have the conductive system, which you
12 told us about as you were describing the operation of
13 the heart. Are there diseases of the conductive system
14 of the heart?

15 A. Yes. I called that arrhythmias. The normal
16 heart function is normal rhythm. If it goes too fast
17 or too slow, it's called an arrhythmia. It's often a
18 result of the disease of the heart. It's usually
19 degenerative. It can come from other factors, but the
20 arrhythmia itself can be a primary problem.

21 Q. Is cigarette smoking considered to be a risk
22 factor for the diseases of the conductive system of the
23 heart?

24 A. No.

25 Q. Next you have something called congenital

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1 heart disease, and while that may seem somewhat
2 self-explanatory, tell us what that is.

3 A. Congenital means you're born with it. So
4 when a child is born, he may have a defect in the
5 heart, usually a hole in the heart, sometimes an
6 abnormal valve. But all kinds of abnormalities of the
7 heart, conductive system, can all be congenitive, they
8 can occur at birth.

9 Q. We've seen, seems like examples just in the
10 Miami area, recently, you read in the paper, say, about
11 a young high school basketball player seems perfectly
12 healthy, then collapses on the court.

13 Are those usually a result of some sort of
14 congenital heart disease?

15 A. Almost always due to congenital
16 abnormalities. They're born with it, but it's not
17 readily apparent, it doesn't cause symptoms, and it
18 results in sudden death.

19 Q. And would cigarette smoking be considered a
20 risk factor for congenital heart disease?

21 A. No.

22 Q. Now next we say here Tumors of the Heart.
23 And Dr. Gilmore, is it actually possible to have cancer
24 of the heart?

25 A. Yes. You can have tumors or cancer that

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1 develops in the myocardium, that would be the heart
2 muscle, or in the pericardium.

3 Q. Would these be a primary cancer, in other
4 words, a cancer that began in the heart?

5 A. Yes.

6 Q. Is cigarette smoking considered to be a risk
7 factor for the development of primary cancers in the
8 heart?

9 A. No.

10 Q. Next we have something that I'm sure most of
11 us have heard a lot about in our lives, Hypertension.
12 What is hypertension?

13 A. Hypertension simply means high blood
14 pressure.

15 Q. And is cigarette smoking a risk factor for
16 the development of hypertension?

17 A. No.

18 Q. Next we have Embolisms. What are those?

19 A. You'll see there, Embolism and
20 Thromboembolism. If a clot forms in the vessel, it's
21 called a thrombus. If it goes downstream and blocks
22 the artery, it's called embolus. So thrombosis would
23 be the broken-off clot. And if it goes to the lung,
24 it's called a pulmonary embolus.

25 It can happen in any part of the circulation.

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1 It's just that pulmonary emboli, that is multiple
2 embolisms, are a fairly common form of embolic disease,
3 breaking off clots.

4 Q. Now, I notice that we mentioned here
5 pulmonary embolism. Is that a cardiovascular disease,
6 something that's within your practice?

7 A. Yes.

8 Q. Let me also ask you about something else that
9 we don't have up on the board that we've heard
10 something about during the course of this trial:
11 phlebitis.

12 A. Phlebitis means inflammation, the word "itis"
13 always refers to inflammation. And "phlebitis" would
14 be a vein. So phlebitis is inflammation of a vein.
15 It's accompanied by a thrombus, or clot. So the
16 disease really is that the vein gets a clot, and it's
17 inflamed, it's red and warm and it hurts.

18 Q. Is cigarette smoking considered to be a risk
19 factor for the development of any of these embolisms or
20 phlebitis that you've just told us about?

21 A. No.

22 Q. Next item on the board is Congestive Heart
23 Failure. What is congestive heart failure?

24 A. If the heart muscle fails to pump enough
25 blood to nourish the tissues of the body, those tissues

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1 won't function normally. And that's called heart
2 failure.

3 One of the compensatory mechanisms, one of
4 the things the body does to help that is to retain
5 fluid. So there's often swelling of fluid in the feet
6 or accumulation of the fluid in the lung. It's called
7 congestive heart failure. It's kind of the end stage
8 of most of these diseases. If they are advanced and
9 progressive, then you'll develop heart failure.

10 Q. And is cigarette smoking considered to be a
11 risk factor for congestive heart failure?

12 A. It's not specifically related to cigarette
13 smoking. It's not -- cigarette smoking is not a risk
14 factor for the progression to congestive heart failure.

15 Q. The next item on the board is Aortic
16 Aneurysms.

17 A. I mentioned the aorta is the major blood
18 vessel that comes from the heart. And if it's weakened
19 or swollen or dilated, it's called an aneurism. And
20 frequently, because it is dilated, it's weak. And it
21 may burst. So that would be a catastrophe. The
22 patient would usually die suddenly.

23 Q. Is cigarette smoking considered to be a risk
24 factor for the development of aortic aneurysms?

25 A. No. The common cause is degeneration of the

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1 middle part of the blood vessel.

2 Q. Dr. Gilmore, up to this point on your chart,
3 all the diseases we have looked at, in your opinion,
4 none of these are statistically related or, to put it
5 another way, cigarette smoking is not a risk factor for
6 any of the diseases we've talked about so far; is that
7 correct?

8 A. Cigarette smoking is not a risk factor for
9 any of those diseases.

10 Q. Now, let's move on to the next one. The last
11 one that we have up here is Diseases of the Vessels or
12 Arteries.

13 Do heart diseases originate in the arteries?

14 A. Yes. These are the arteries that nourish the
15 heart. They're called the coronary arteries. Because
16 the heart is such an important organ, these vessels are
17 very important vessels.

18 Q. Dr. Gilmore, in terms of number of patient
19 whose might have some form of heart disease, are
20 diseases of the arteries the most common?

21 A. They are the most common. In this country
22 and in many countries, arteriosclerosis, or disease of
23 the coronary arteries, is the most common.

24 Q. And you just used a word that I want you to
25 define, tell us what it is. What is arteriosclerosis?

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1 A. Arteriosclerosis literally means hardening of
2 the artery. The word "sclerosis" is hardening of the
3 arteries.

4 Q. We've also heard witnesses in this case use a
5 similar sounding word, "atherosclerosis." What is
6 atherosclerosis?

7 A. To be precise, atherosclerosis is a little
8 bit different. Hardening of the arteries means that
9 it's stiff and hard. It's no longer as flexible.
10 Atherosclerosis refers to a disease on the inside of
11 the vessel --

12 Q. Have you actually prepared a graphic here
13 that can show this?

14 A. Yes.

15 Q. Why don't I put this up and why don't you use
16 this as you demonstrate for us atherosclerosis.

17 A. That's a normal blood vessel. It's been cut
18 across.

19 The red part would be the outer wall of the
20 blood vessel called the adventia.

21 The media would be the middle part. And it's
22 muscle.

23 The lining is like Teflon. It's called the
24 endothelium. It's meant to be very smooth so that the
25 blood can travel without any resistance and there won't

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1 be any clotting formation.

2 The atheroma or atherosclerosis means that
3 there is a small tumor, "oma." That's made up of
4 cholesterol. So this is atherosclerosis, the
5 development of cholesterol in the lining of the vessel.

6 Arteriosclerosis really meant hardening of
7 the other layers of the vessel. But it's frequently,
8 in lay terms and in medical terms, used
9 interchangeably. So unless one is being very precise,
10 atherosclerosis and arteriosclerosis would be the same
11 thing.

12 But the real disease that blocks the vessel,
13 atherosclerosis, a plaque forms made up of cholesterol,
14 calcium as it gets older, and fibrous or scar tissue.

15 Eventually you can see, in the bottom layer,
16 that this might totally occlude the vessel. The blood
17 will no longer flow through this lumen. And the tissue
18 would have no oxygen, no blood, and would die. If it's
19 the heart, that's called the myocardial infarction or
20 heart attack.

21 Q. Tell the jury, please, who gets
22 atherosclerosis.

23 A. Everybody gets it. It's common. In fact, I
24 have to say it's universal in this country. In people
25 who die from trauma, that is, not from heart disease or

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1 any other disease, even in childhood there are plaques
2 or there are arteriosclerotic changes, usually in the
3 endothelium, so the disease starts very early. Then
4 it's slowly progressive over many, many years.

5 But when you get to the teens and early
6 twenties, for example, the servicemen who were killed
7 in Korea and Vietnam, and their hearts were autopsied
8 or examined, there was substantial disease in those
9 arteries.

10 Q. When does arteriosclerosis, since we all have
11 it, become a medical problem?

12 A. Unless you get symptoms, nobody cares that
13 they're being narrowed. There are a lot of vessels and
14 they have collaterals; that is, if one gets blocks, the
15 blood can go by another pathway. Usually we say that a
16 vessel that causes symptoms is significantly
17 obstructive.

18 Sometimes patients are catheterized or their
19 arteries are examined, and they don't have symptoms but
20 they'll have an obstruction of 60 or 70 percent. As it
21 begins to be that amount, we begin to think that's
22 significant. In other words, up to 50 percent, we
23 don't think it's significant; over 50 percent becomes
24 progressively more risky.

25 Q. Now, going back to our original diagram, the

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1 arteries of the body, I want to talk to you about, now,
2 which arteries of the body may be affected by
3 atherosclerosis, even to the point of it becoming a
4 medical problem.

5 A. The ones we talked about are the coronary
6 arteries, which would be the ones up there that are
7 nourishing the heart. So that's the commonist to be
8 involved, and it is certainly important.

9 Q. So that would be these here?

10 A. Yes. If they go to the head, they're called
11 the cerebral vascular arteries.

12 Q. These?

13 A. Yes, all the way up to the head. As I said,
14 if you have an obstruction in a coronary artery, you
15 get a heart attack. If you have an obstruction in the
16 coronary artery to the brain, you get a stroke. The
17 brain tissue nourishing that artery dies and the
18 function of that brain tissue is gone. So if it made
19 the arm move and it's dead, you will have paralysis of
20 the arm.

21 For both the brain and the heart, that's
22 generally irreversible. The dead tissue does not come
23 back to life and it cannot be replaced.

24 Q. And if you have occlusion of the cardiac
25 arteries to the point of it being a problem, what do

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1 you call that?

2 A. Before a heart attack, one may develop pain,
3 usually on effort or stress. That is, as the vessel
4 becomes narrowed, the heart muscle is not getting
5 enough oxygen and it hurts, that's called angina or
6 angina pectoris. If you rest or avoid the stress, the
7 pain usually goes away in five or ten minutes. So it's
8 temporary, no harm done, but a very serious warning
9 that that vessel is at critical levels in terms of its
10 lumen diameter. If the vessel completely occludes and
11 there are no collaterals, the heart muscle dies, and
12 that's a heart attack.

13 Q. And in terms of name of the disease, what do
14 we call those diseases relating to the coronary artery?

15 A. That's coronary artery disease, myocardial
16 infarction, angina pectoris, all terms relating to the
17 disease of the coronary arteries.

18 Q. What would we call a disease that relates to
19 the arteries going to the brain?

20 A. That's cerebral vascular disease.

21 Q. What would we call a disease that relates to
22 the arteries going to the arms or legs?

23 A. That's called peripheral -- it's outside the
24 trunk -- vascular disease, peripheral vascular disease.

25 Q. Is the atherosclerotic process that you've

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1 described for us and shown us, is it the same whether
2 we're talking about coronary artery disease, cerebral
3 vascular disease or peripheral vascular disease?

4 A. It's the same process, it happens more in
5 some vessels than in others, presumably related to
6 pressure flow relationships and stress on the vessel
7 wall, but much more common in the coronary arteries
8 than in the cerebral vascular, then in the legs rather
9 than the arm, and that would be peripheral arteries.

10 Q. Now, Dr. Gilmore, is cigarette smoking
11 considered to be a risk factor for the development of
12 atherosclerosis?

13 A. Yes, it is.

14 Q. And in your practice you consider cigarette
15 smoking to be a risk factor?

16 A. Yes, I do.

17 Q. You told us earlier about things like animal
18 models and studies such as that. Have there been any
19 laboratory studies that confirm a relationship between
20 smoking and atherosclerosis?

21 A. There are no animal models that have
22 demonstrated that smoking can cause the atherosclerotic
23 process in animals.

24 Q. Now, you told us a little bit about a stroke
25 and that could be the consequence of atherosclerosis in

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1 the cerebral vascular arteries, correct?

2 A. Yes.

3 Q. What exactly is a stroke?

4 A. A stroke means an infarct, death of tissue in
5 the brain.

6 Q. Is there more than one type of stroke? Just
7 as we talked about more than one type of heart disease,
8 is there more than one type of stroke?

9 A. Yes. When I say "stroke" and it's death of
10 brain tissue, it's death of brain tissue due to a
11 vascular catastrophe or accident. So as in the types
12 of thrombosis, in the brain it's not infrequent to have
13 hemorrhage, usually related to high blood pressure, the
14 blood pressure that could be called a hemorrhagic
15 stroke, the first one was a thrombotic stroke. And can
16 you develop clots that go to the brain that come from
17 some other part of the body and those would be called
18 an embolic stroke.

19 Q. So three types of strokes, embolic,
20 thrombotic and hemorrhagic. Did I get that right?

21 A. Yes.

22 Q. Now, is smoking considered a risk factor for
23 all three of these types of strokes?

24 A. It's a risk factor for thrombotic. It's not
25 a risk factor for hemorrhagic, which I said is usually

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1 due to hypertension. And it's probably not a risk
2 factor for thrombotic, it would depend where the
3 embolus came from.

4 Q. Thrombotic stroke, that's the one that's
5 related to this atherosclerosis process?

6 A. Yes.

7 Q. Now, you've also told us that we have
8 something that we generically refer to as peripheral
9 vascular disease, and that relates to diseases of the
10 arteries outside the trunk, correct?

11 A. Yes.

12 Q. Now, as a cardiologist, do you also study and
13 treat peripheral vascular diseases?

14 A. Yes, I do.

15 Q. What would be the symptoms of peripheral
16 vascular diseases?

17 A. It's similar to the heart. That is, as the
18 vessel narrows, there's not enough blood going to the
19 leg, and when you need oxygen for walking or running,
20 there won't be enough, and pain develops, and you have
21 to stop and rest. And the pain will then go away.

22 So I described angina as pain in your heart
23 when you're not getting oxygen. You can get pain in
24 the leg when you're not getting oxygen. And it's
25 relieved by rest.

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1 Q. And as we talked about with respect to heart
2 diseases, are there different types of peripheral
3 vascular diseases?

4 A. Yes, there are. The common one would be
5 arteriosclerosis, but you can also have embolic and
6 hemorrhagic, which would be uncommon. But in the legs
7 you can also have inflammatory diseases of the
8 arteries, which are usually not related to
9 arteriosclerosis. So the diseases in the legs, that's,
10 the commonist would be arterial or atherosclerosis.
11 But there are other forms of arterial diseases to the
12 legs.

13 Q. Is cigarette smoking considered to be a risk
14 factor for any of the peripheral vascular diseases
15 other than arteriosclerosis?

16 A. No.

17 Q. Is there, in your judgment, Dr. Gilmore,
18 something called Buerger's disease? Have you ever
19 heard that phrase?

20 A. Yes, Buerger is a man's name. He initially
21 described an occlusive, a blockage of arteries that was
22 unusual because it occurred more in the upper
23 extremities than the lower extremities. Pathologically
24 it was inflammatory rather than just atherosclerotic,
25 and was often associated with phlebitis, inflammation

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1 in the veins.

2 Q. And is Buerger's disease related to
3 atherosclerosis also?

4 A. There's great debate about what Buerger's
5 disease actually is. Because when it was initially
6 described -- it's a very rare disease. It was
7 initially described in New York, and it was thought to
8 occur in men who smoked. It's now known that it can
9 occur in nonsmokers and in women. But its incidence is
10 decreasing and, as I say, there's debate as to what the
11 nature of Buerger's disease is. I think it's probably
12 a variant of atherosclerosis and not a totally
13 independent disease.

14 Q. All right. So then when we talk about
15 coronary artery disease, cerebral vascular disease or
16 peripheral vascular disease, is cigarette smoking a
17 risk factor for any of them other than the ones
18 relating to atherosclerosis?

19 A. It's a risk factor for atherosclerosis only.
20 The others are not.

21 Q. Let's then talk more specifically about
22 atherosclerosis and risk factors.

23 Would the risk factors for the development of
24 atherosclerosis be the same regardless of whether we're
25 talking about the cerebral, peripheral or coronary

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1 arteries?

2 A. Yes. There's some variation in the degree of
3 risk, but they all are the same and they overlap.

4 Q. And would there be multiple risk factors then
5 for the development of atherosclerosis regardless of
6 which of the arteries we're talking about?

7 A. Right. In any vascular bed there are a
8 variety of risk factors.

9 Q. Is one of the risk factors cigarette smoking?

10 A. Yes, it is.

11 Q. Have you helped us prepare a chart listing
12 some of the principal risk factors for atherosclerosis?

13 A. Yes, I have.

14 Q. And first, before we go specifically through
15 these, let's start with how an individual attains a
16 risk factor. I notice that your chart refers to
17 nonmodifiable and modifiable risk factors. Tell us
18 what that concept means.

19 A. Well, it's important clinically to identify

20 the risk factors, then to correct the risk factors.

21 And when we say "nonmodifiable," we imply that you
22 can't fix it, that it's there, and it's more or less
23 something that I cannot advise the patient to change.

24 So it's fixed.

25 "Modifiable" are the things that I expect

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1 between myself and my patient to be able to change, try
2 to reduce or get rid of this risk factor.

3 Q. Before we go through these specifically, let
4 me ask you this question: If an individual has one or
5 more of these risk factors in their background, in
6 their history, when you take a medical history, does it
7 mean that the individual is going to develop either
8 coronary artery disease or peripheral vascular disease
9 or cerebral vascular disease from atherosclerosis?

10 A. No, it's not predictable, it's not
11 inevitable. People who have risk factors may live
12 their entire life without any vascular disease. And
13 the converse is true as well. So the risk factors help
14 you, but they're not the only thing.

15 Q. Let's talk briefly, specifically, about these
16 risk factors, and start with the nonmodifiable risk
17 factors. Just tell us what these are.

18 A. Gender would be male or female. Males have a
19 higher risk factor, so when they talk about risk
20 factors, just being male is a risk factor.

21 And for women beyond the menopause is a risk
22 factor. Presumably the hormones during the younger
23 years of a female's life are protective, but when
24 they're gone, then that protection is lost.

25 Family history would refer to heredity. If

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1 there's a member in a family, particularly a parent,
2 that has coronary or vascular disease, then the
3 offspring are more likely to have it.

4 Age, it's a progressive disease. As I told
5 you earlier, it starts at a young age and progresses,
6 so the older you are the more likely you are to have
7 vascular disease.

8 And ethnic background refers to the belief
9 that certain races tend to have less coronary disease
10 or arteriosclerosis.

11 Q. Okay. Let's now turn to the modifiable risk
12 factors. You told us what that means. What are the
13 principle modifiable risk factors for atherosclerosis?

14 A. This is a long list and it's not complete,
15 and I didn't pick them in any particular order. I
16 don't mean to say that some are more important than
17 others. And what's important to know is that these
18 risk factors change from year to year. For example,
19 sometimes coffee is on that list. And I heard on the
20 radio today that there's a study that says coffee --

21 MR. ROSENBLATT: Objection about what he
22 heard on the radio.

23 THE COURT: Sustained.

24 THE WITNESS: The first one is
25 hyperlipidemia, which is high cholesterol. It's

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1 modifiable by diet or by pills.

2 The second one is diabetes, that's an
3 intolerance to sugar metabolism.

4 High blood sugar, that's modifiable by diet
5 and pills and injections.

6 Stress or personality type would be the
7 external event of stress and the personal response to
8 that event.

9 Obesity is overweight. It's an independent
10 risk factor.

11 So I've listed obesity, diet and cholesterol.

12 Each one is a risk factor. And they're kind of
13 interdependent, because if you're obese, you usually
14 have a bad diet and high cholesterol. But these are
15 each listed as an independent risk factor.

16 Sedentary lifestyle would be a non-active
17 lifestyle.

18 Homocysteines is a component of protein
19 metabolism. Bacterial infections, people have
20 identified bacteria within the atheroma, and they've
21 shown that an allergy to that bacteria and a treatment
22 for that bacteria can alter the development of disease.

23 Smoking we've talked about that there's a
24 statistical relationship between smoking and
25 atherosclerosis.

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1 Alcohol in larger doses is thought to be a
2 risk factor, there's now evidence that it may be
3 protective in small doses.

4 Depression, that is, emotional changes such
5 as stress or depression, contribute to a higher rate of
6 atherosclerosis.

7 High blood pressure puts a greater strain on
8 the blood vessel and results in a higher risk factor.

9 And I put uric acid on because there is a
10 strong statistical relationship but no evidence that
11 reducing the uric acid is protective, although there
12 are studies now underway to evaluate the role of uric
13 acid.

14 Q. Have you listed all of the risk factors for
15 atherosclerosis on this board?

16 A. No.

17 Q. How many, to your knowledge, have been
18 reported in the medical literature?

19 A. Over 200 risk factors have been named. That
20 is, that there's a statistical correlation between a
21 factor and the result. It doesn't mean that they're
22 caused, but it means that there is a relationship.

23 Q. In your judgment, are there unknown risk
24 factors that science hasn't discovered yet?

25 A. I believe there are. For example on that

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1 list, homocysteine is a relatively recent popular risk
2 factor.

3 Q. Dr. Gilmore, looking at this chart, looking
4 at all of these risk factors, in your opinion has it
5 been scientifically proven that any of these risk
6 factors, and I'm including within my question cigarette
7 smoking, has it been shown that any of these risk
8 factors cause atherosclerosis?

9 A. I don't believe it's proven. In a number of
10 studies, more than 50 percent of people who get a heart
11 attack don't have any risk factor that's known. They
12 don't have these risk factors and yet they develop
13 heart disease, heart attack, atherosclerosis.

14 Q. Why do you say that it hasn't been
15 scientifically proven that any of these risk factors
16 cause atherosclerosis?

17 A. As I say, if you can develop heart disease
18 without a risk factor, it would indicate to me that
19 there are other factors that we don't know about. And
20 as long as I don't know the other factors, then it's
21 hard to judge what their importance is. And in none of
22 these cases has it been shown uniformly that everybody
23 with a risk factor gets it and everybody without a risk
24 factor doesn't get it.

25 Q. You told us earlier about animal studies, you

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1 told us about mechanism. Is there ongoing research in
2 the areas of animal studies an ongoing research into
3 the areas of mechanism with respect to atherosclerosis?

4 A. Yes, there are studies on probably every one
5 of these risk factors in terms of modification and
6 mechanism.

7 Q. And why is it important to continue to have
8 that kind of research?

9 A. Because it's a very common disease. It's the
10 most common disease in this country.

11 Q. And what type of research, Dr. Gilmore, in
12 your judgment, is necessary in order to prove the cause
13 of atherosclerosis?

14 A. Well, the epidemiologic studies are
15 important, but more important are probably the
16 laboratory study, not just animal models but laboratory
17 studies on human beings that would develop a reasonable
18 mechanism, something that made sense as to how the risk
19 factor actually causes the disease.

20 Q. When you use the word "mechanism," are you
21 referring to the actual process by which any of these
22 risk factors might cause this to happen in an artery?

23 A. Exactly. We don't know exactly why this
24 develops. People use the term "biologically
25 plausible." We need a plausible mechanism that

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1 explains how the process develops.

2 Q. You also mentioned earlier something called
3 intervention studies. Again, have there been
4 intervention studies of the various risk factors for
5 atherosclerosis?

6 A. Yes, since before the use of the word "risk
7 factor," people have tried to modify the disease by
8 changing the risk factors. And in general it's been
9 disappointing, that is, studies in which you intervene
10 and you change diet or blood pressure or smoking or
11 lifestyle, have not given, in many cases they haven't
12 given improvement at all. And they have not uniformly
13 shown improvement, that is, a reduction in the rate of
14 the disease.

15 Q. If you were to look at someone's arteries
16 under a microscope and you found atherosclerosis that
17 had proceeded to the point of being a medical problem,
18 could you tell from looking at it which, if any, risk
19 factors that individual had?

20 A. No, the process looks identical regardless of
21 the number of risk factors or the absence of risk
22 factors. The pathological examination of the vessel is
23 the same in each case.

24 Q. Could you tell, if you looked at the arteries
25 of someone like this, whether that person was a smoker?

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1 A. No.

2 Q. Do you have to have any of these risk factors
3 in order to develop atherosclerosis?

4 A. You do not. As I mentioned, more than 50
5 percent in some studies have shown the absence of these
6 risk factors. And, in fact, in the general population,
7 in the United States, although the risk factors are
8 decreasing, that is, there is treatment and we do try
9 to modify the risk factors, the number of new
10 myocardial infarctions or heart attacks has really not
11 decreased.

12 The death rate goes down because the
13 treatments have improved. What they call secondary
14 prevention has gone down because you're less likely to
15 get a second attack. But new heart attacks have
16 remained the same so we still have a big problem.

17 Q. If a patient came to you and you took the
18 patient's history fully, and you found that in that
19 patient's history he or she had only one risk factor,
20 only one thing on this list or even in the list of 200
21 in their history, whatever it is, under those
22 circumstances, would you be able to conclude that that
23 risk factor caused the patient's cardiovascular
24 disease?

25 A. No. I could not identify which risk factor,

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1 even if there's only one, if that's the cause, because
2 as I said, there are risk factors that I don't know
3 about.

4 Q. If a patient had two or more of these risk
5 factors when you took a history, would you be able to
6 tell which risk factor was more important to the
7 development of that patient's cardiovascular disease?

8 A. No, I don't.

9 Q. You've told us today, Dr. Gilmore, that it
10 hasn't been scientifically proven that any of these
11 risk factors, including smoking, cause atherosclerosis.
12 You've referred to them as a risk factor. Is this
13 merely a semantic difference to call something a risk
14 factor as opposed to cause?

15 MR. ROSENBLATT: Object as leading, Your
16 Honor, without recapitulation and the predicate for the
17 question.

18 THE COURT: Overruled.

19 BY MR. ROSS:

20 Q. Go ahead.

21 A. I should answer?

22 Q. Yes.

23 A. No, I think it's more than just semantics.
24 That is, to all of us "risk" sounds not as certain as
25 "cause." I think the terms are used interchangeably by

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1 lay people and doctors as well. But I think when it
2 was decided by cardiologists that we would call them
3 risk factors, it was done with the purpose of saying
4 more research needs to be done, we don't know the
5 cause, and it continues to be used in that fashion.
6 And every month there are journals with articles
7 saying: We're studying risk factor.

8 Q. In your judgment, which is the appropriate
9 term?

10 A. I believe it should be risk factors.

11 Q. All right. We'll come back for a few more
12 questions about this in a moment, but I want to just
13 give you a couple of questions about another part of
14 your practice.

15 You did tell us that, I believe, about 20
16 percent of your practice involves internal medicine
17 issues other than cardiovascular; is that correct?

18 A. Yes.

19 Q. In the course of your regular practice, do
20 you treat patients with either peptic ulcers or
21 osteoporosis?

22 A. Peptic ulcer disease or stomach ulcers I
23 treat. Osteoporosis, which is thinning of the bones, I
24 treat not as frequently. But yes, I give medication
25 for both.

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1 Q. Is cigarette smoking considered to be a risk
2 factor for the development of osteoporosis?

3 A. I don't believe it's a risk factor, that --
4 there is probably a statistical correlation.

5 Osteoporosis occurs in older people. The
6 risk factors are physical inactivity. Most smokers are
7 not as active as non-smokers. And that's probably the
8 connection. I don't even know what the statistical
9 relationship is. But the cause of osteoporosis or
10 thinning bones is really related to physical activity,
11 hormones, the intake of calcium and vitamin D.

12 Q. And is cigarette smoking considered to be a
13 risk factor for the development of peptic ulcers?

14 A. Not any more. That is, peptic ulcer disease,
15 stomach ulcers, at one time was said to be a
16 multifactorial disease related to the risk factors of
17 alcohol, smoking, anxiety, tension, poor diet,
18 et cetera.

19 Some years ago a bacteria was found that's
20 now known to be the cause of peptic ulcer disease. You
21 can cure it with an antibiotic. If the antibiotic is
22 successful in eliminating that, it will not recur. So
23 the peptic ulcer, the acids that cause that disease,
24 are not due to cigarette smoking.

25 Q. Dr. Gilmore, what do you tell your patients

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1 about smoking?

2 A. I tell them to stop smoking, that it's a risk
3 factor. I want them to be in the low risk group, and I
4 try to correct all those risk factors, including
5 smoking. Smoking, I ask them please stop.

6 Q. Have you ever told a patient that if they
7 don't stop smoking, they will develop atherosclerosis?

8 A. I don't make any guaranties, but I emphasize
9 to the patient the importance of lifestyle changes,
10 which would include stopping smoking.

11 Q. Have you ever told the patient if they do
12 stop smoking they won't develop atherosclerosis?

13 A. No. Again, there are no guaranties.

14 Q. Are you aware, Dr. Gilmore, that there are
15 physicians, many physicians in the public health arena,
16 and again many public health agencies in this country,
17 that say smoking causes atherosclerosis or it causes
18 heart attacks? Are you familiar with that?

19 A. Yes.

20 Q. Do you take issue with people in the public
21 health arena who say that?

22 A. Well, it depends on the circumstances.

23 In the public health point of view, since
24 smoking is a risk factor, I agree that they should say:
25 Stop smoking. But they're not being scientific and

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1 they're not giving a balanced view of the evidence.
2 Instead of saying smoking is a risk factor, you should
3 stop, they're saying smoking is a cause, you should
4 stop. So I take issue with their conclusion.

5 Q. Dr. Gilmore, if someone representing a
6 tobacco company were to take the public position that
7 it has not been scientifically proven that smoking
8 causes atherosclerosis, heart disease, stroke or
9 peripheral vascular disease, in your opinion, is that
10 statement true and reasonably based on science?

11 A. I agree, it's not scientifically proven as a
12 cause.

13 MR. ROSS: Thank you. No further questions.

14 THE COURT: Okay, let's take a short break at
15 this point.

16 (The jurors exited the courtroom.)

17 THE COURT: During the break you must not
18 discuss your testimony with anybody including the
19 lawyers.

20 THE WITNESS: Thank you.

21 (Thereupon, a recess was taken.)

22 THE COURT: Okay. I guess everybody is here
23 that's suppose to be. Bring the jury out, please.

24 (Thereupon, the jurors exited the courtroom.)

25 THE COURT: All right. I think everybody is

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1 here. We may proceed with cross.

2 CROSS EXAMINATION

3 BY MR. ROSENBLATT:

4 Q. Good morning, ladies and gentlemen.

5 Good morning, Dr. Gilmore.

6 A. Good morning.

7 Q. You're obviously located here in Miami?

8 A. Yes.

9 Q. You testified that you took the boards for
10 internal medicine when, in '59 or '60?

11 A. Yes.

12 Q. One --

13 A. I think I took it in '59, got the results in
14 '60.

15 Q. Then you testified that the boards were
16 available to be taken in the field of cardiology, you
17 simply chose never to take the boards, correct?

18 A. That's correct.

19 Q. Now, you know the jury has heard a lot,
20 there's a lot of honorary stuff in medicine, but when
21 we talk about board certification, that involves a
22 doctor, a full fledged M.D. who wants to practice a
23 given specialty as you did with internal medicine, you
24 sit down and you take oral and written examinations.

25 And if you pass, you're able to represent to your

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1 patients and to the public at large and to your fellow
2 physicians you're board certified in a particular
3 field, correct?

4 A. That's correct.

5 Q. And generally speaking it's prestigious, it's
6 more -- you know, if someone says: Yes, I practice
7 internal medicine. And someone says: Well, are you
8 board certified? And the doctor says: No. It sounds
9 better and it's more prestigious if someone says: Yes,
10 I'm board certified. Right?

11 A. Yes.

12 Q. Could you explain why in the 40 years since
13 you took the boards for internal medicine, since you
14 represent yourself to be a cardiologist, you never saw
15 fit to take the cardiology boards and become board
16 certified in cardiology? Is that just a matter of
17 choice?

18 A. It's a matter of choice.

19 Q. Why?

20 A. Well, when I came to the University of Miami,
21 they were relatively new boards. And politically, the
22 major society of cardiologists was the American Heart
23 Association, which included lay people as well as
24 doctors. They raise funds and they do research. Then
25 there was a new group that wanted to start the American

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1 College of Cardiology with boards. The chief of
2 cardiology at the University of Miami did not have his
3 boards, he did not encourage me to take my boards and I
4 was -- I had all the qualifications, and I saw no
5 reason that I to take an examination to do what I was
6 doing. And he saw no reason that I needed to take the
7 examination. I didn't take it.

8 Q. You would certainly agree that the University
9 of Miami School of Medicine, as most prestigious
10 schools of medicine across the United States, have
11 grown by leaps and bounds in the last 30, 40 years, and
12 things have just changed enormously, correct?

13 A. Yes.

14 Q. Someone could not be the head today at the
15 University of Miami School of Medicine, could not be
16 the head of cardiology without being board certified,
17 could he?

18 A. That's not true. About 50 percent of
19 cardiologists don't take or become board certified in
20 cardiology.

21 Q. Dr. Gilmore, is it your understanding that at
22 any prestigious medical school in the United States,
23 Harvard, the University of Florida, the University of
24 Miami, Stanford, the University of California, are you
25 telling us -- I'm asking you about the chairman of the

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1 department of cardiology at a major medical school,
2 isn't it a fact that they are all -- there may be one
3 or two exceptions, but basically they are all board
4 certified?

5 A. I'll bet that there are one or two
6 exceptions.

7 Q. Which proves the rule?

8 MR. MOSS: Let him finish.

9 THE COURT: Yes, he can finish.

10 THE WITNESS: In order to take the boards in
11 cardiology you must have your boards in internal
12 medicine. And many prestigious cardiologists have
13 never gone through that. They've started off in
14 cardiology, particularly if they're interested in
15 research. They don't go through the internal medicine
16 qualifications and boards, and therefore they're not
17 eligible to take the boards in cardiology, and yet they
18 are as competent and fully capable of being appointed
19 to be a department chairman or director of research or
20 whatever.

21 You don't have to have the boards in
22 cardiology to practice or be a cardiologist.

23 Q. Now, Dr. Gilmore, you've done a lot of
24 testifying in your day, correct, in different settings?

25 A. I have testified before, yes.

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1 Q. But never, never on tobacco issues? This is
2 the very first time in your career, in your life, that
3 you've ever testified in a case, either by way of
4 deposition or by way of personal testimony, in front of
5 a jury on tobacco-related issues; isn't that correct?

6 A. No. I had a deposition.

7 Q. In this case.

8 A. No, you're right. You're right, it was in
9 this case. There was a deposition for this case.

10 Q. But other than that, other than this case,
11 deposition and today your trial testimony, you have
12 never in your life testified in a case involving
13 tobacco-related issues?

14 A. That's correct.

15 Q. Now, as a result -- you've done a lot of
16 testifying in workmen's compensation cases, haven't
17 you?

18 A. Yes.

19 Q. What do you figure, you've given 50, 60
20 depositions in those kinds of cases in your career?

21 A. Yes, in my career that many.

22 Q. Okay. Well, what is the issue usually in a
23 workmen's compensation case involving your area of
24 specialty? I mean, my guess would be that a worker
25 would be claiming that he or she suffered a heart

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1 attack and that it was work connected. Is that the
2 usual issue?

3 A. Yes.

4 Q. And in what, 90 percent of the cases you
5 testify for the insurance company against the worker in
6 those workmen comp cases? Your testimony is that the
7 heart attack should not be compensable?

8 A. That's correct.

9 Q. Because, apropos your testimony today, how do
10 you ever know what caused the heart attack? How would
11 you know if it's work related? That's generally where
12 you're coming from testifying in workmen's comp cases,
13 correct?

14 A. Well, in workmen's compensation cases I think
15 that you're in part correct. But in worker's
16 compensation cases usually that the cause is proximate
17 to the attack, that is that the accident or injury
18 occurred near in time to the heart attack or injury.

19 So it's a little bit different than that, this which is
20 a chronic illness over long term in cigarettes.

21 Q. In workmen's comp cases, you've testified
22 against employees in situations where the employee was
23 doing something strenuous, lifting, hard work, either
24 developed a heart attack on the spot, later that night
25 or the next day and you said you didn't think the work

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1 caused the heart attack?

2 A. No, if he was doing an unusual exceptional
3 worker injury, then I usually would testify that that
4 is the cause.

5 Now, you said I have testified many times,
6 and I agreed. If I am referred a case, and I believe
7 the injury caused a heart attack, it never goes to
8 court or hearing. To my knowledge, then, always the
9 company would settle.

10 Q. But the cases where you've given the 70 or 80
11 depositions were cases where you felt that the heart
12 attack was not job related?

13 A. Yes.

14 Q. You don't smoke?

15 A. No.

16 Q. Never in your life?

17 A. No. Never in my life.

18 Q. And you, I assume at a young age, became
19 interested in science and biology?

20 A. Yes.

21 Q. And you knew probably as a kid that the idea
22 of lighting tobacco and repeatedly puffing and inhaling
23 into your body 5,000 chemicals could not possibly be
24 good for anybody's health. It could only have a down
25 side. Right?

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1 A. I didn't know of any benefits to smoking,
2 that's correct.

3 Q. And you still don't?

4 A. And I still don't.

5 Q. Is it fair to say that in all your years of
6 practice, although you've testified you always tell
7 smokers to stop smoking, that you've never told
8 someone: I think you should take up smoking. You
9 never said that to a patient?

10 A. I never said that.

11 Q. Even if they were nervous and they thought
12 maybe smoking would calm them down or relieve their
13 stress, you never made that recommendation?

14 A. That's correct.

15 Q. You would be shocked if any decent, competent
16 doctor ever made such a recommendation?

17 A. I would be shocked.

18 Q. Mr. Ross asked you a lot of questions about
19 risk factor, cause. Have you ever in your career
20 written an article dealing with these subjects where
21 you've discussed risk factor, cause, as it related to
22 heart disease?

23 A. No.

24 Q. Now, having had, you know, a lot of
25 experience testifying in workmen's compensation cases,

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1 you know and you've dealt with a lot of lawyers over
2 the years, correct?

3 A. Yes.

4 Q. And you've testified, I guess, in medical
5 malpractice cases as well?

6 A. Yes.

7 Q. And you know how lawyers work, to a certain
8 extent, that if a lawyer, plaintiff or defendant, is
9 looking for an expert in a particular field, ordinarily
10 what the lawyer does is he'll search the literature.
11 You know, whose written about hypertension, whose
12 written about gastroenterology, I mean, who are some of
13 the superstars in that field, that's one of the things,
14 best in America?

15 MR. ROSS: Objection. Hypothetical, not
16 based on anything.

17 THE COURT: Well, this is something that the
18 lawyers may do but the doctor is not aware of, so in
19 that regard I'll sustain the objection.

20 MR. ROSENBLATT: I'm asking if he is aware of
21 it.

22 THE COURT: Well, if the question is: Are you
23 aware --

24 MR. ROSENBLATT: That's the question.
25 BY MR. ROSENBLATT:

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1 Q. You're aware of that, aren't you?

2 A. I don't know the answer to the question.

3 I think, at least my own experience is that

4 when a lawyer comes to me, he likes to present the

5 problem to me, and then he says: What do you think?

6 And if I tell him that I think that it's a case that he

7 should pursue, then he pursues it.

8 Q. But why would a lawyer go to you as opposed
9 to a thousand other cardiologists, and you know part of
10 the reason is, for example in workmen's comp the reason
11 a lawyer would go to you, especially an insurance
12 lawyer, is because you have a track record. And
13 obviously you're willing to review files in workmen's
14 comp and give your opinion, correct?

15 A. Yes, that's true.

16 Q. Now, if someone was researching a doctor,
17 cardiologist, who was knowledgeable on the subject of
18 what causes heart disease -- does cigarette smoking
19 cause heart disease -- and they searched the
20 literature, they'd never find you, because you haven't
21 written anything in that area, correct?

22 A. That's correct.

23 Q. Now, I assume you're aware of the fact that
24 Dr. Susan Oparil testified in this case yesterday, are
25 you aware of that?

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1 A. Yes.

2 Q. Do you know her?

3 A. No.

4 Q. But you know of her?

5 A. No.

6 Q. Never --

7 A. I know of her from yesterday because I was
8 told she testified yesterday.

9 Q. Ever read any of her articles?

10 A. I don't remember the names of authors, but I
11 don't remember ever reading anything by her.

12 Q. She said she did about like 360 articles that
13 are in the literature in your field. You don't
14 remember reading one?

15 A. I may have read the article, but I don't
16 remember the authors.

17 Q. Tell me if you agree with Dr. Oparil's
18 testimony yesterday on this subject.

19 A. Yes.

20 Q. She said --

21 MR. ROSS: Objection, Your Honor.

22 THE COURT: Overruled.

23 BY MR. ROSENBLATT:

24 Q. She said that when you talk about heart
25 disease, generically, 90 percent of heart disease is

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1 this category (indicating).

2 THE COURT: Which is?

3 BY MR. ROSENBLATT:

4 Q. Which is coronary heart disease, coronary
5 artery disease, do you agree or disagree?

6 A. Well, if you talk about the United States and
7 say the dollar volume or the number of patients, that's
8 true.

9 Q. So I mean, in general, although Mr. Ross went
10 down all of these, this represents 10 percent
11 (indicating).

12 90 percent in America is represented by this
13 (indicating).

14 A. Well, for example, hypertension -- I agree
15 that the cause of death and disability is coronary
16 artery disease. But, for example, hypertension is --
17 maybe 40 or 50 percent of the population has
18 hypertension. So it's a common problem, but it's not
19 as expensive as coronary artery disease.

20 Q. Dr. Gilmore, millions of people --
21 hypertension is controllable. Hypertension is not a
22 disabling disease. If someone is seeing a doctor,
23 they're taking medication and it's under control, it's
24 not like having a heart attack, right?

25 A. It's not like having a heart attack, right.

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1 Q. Okay.

2 Dr. Oparil said yesterday that smokers have a
3 60 percent increased risk for developing coronary
4 disease. Do you agree or disagree with that?

5 A. I agree.

6 MR. MOSS: Objection, Your Honor.

7 THE COURT: Why don't you come over here and
8 talk about this for a second.

9 (The following proceedings were had at
10 sidebar:)

11 MR. MOSS: Judge, it's improper, number one,
12 that's a mischaracterization of what she said. Even
13 assuming it was fairly close, it's improper --

14 MR. ROSENBLATT: It's a direct quote.

15 THE COURT: Wait.

16 MR. MOSS: It's improper to ask one witness
17 to comment upon the testimony of another witness. I
18 mean, he knows how he can do it. That was the problem
19 with the first one.

20 THE COURT: The first one slipped by me. I
21 thought about it in retrospect. Then there's the other
22 rule, which always works in conflict, that an expert
23 can always testify about trial testimony.

24 MR. ROSS: He can testify about facts that
25 are brought up during the trial.

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1 THE COURT: And one of the facts that this
2 person has talked about is this kind of thing. But you
3 think about these things because it's instantaneous.
4 It comes to your mind. And then in retrospect, that's
5 why I asked you to come sidebar, I agree with you,
6 basically.

7 If you're going to go down her testimony each
8 and every time, the only way you could really do it
9 without mentioning her is to say: Do you agree with
10 this statement? And then in closing argument is when
11 you do it. That's when you make references to it.

12 MR. ROSENBLATT: I don't really have a
13 problem. But understand I'm not asking him to comment.
14 I'm saying: Agree, disagree. That's it.

15 THE COURT: If they disagree, then you're
16 putting the two of them in conflict with each other.
17 The first rule is more correct than the second rule.

18 If you're going to make any reference to
19 testimony she gave yesterday, just do it generically;
20 then later you can tie it up. So I'll sustain the
21 objection.

22 MR. MOSS: He shouldn't be able to refer to
23 other testimony in this case.

24 MR. ROSS: I think you can ask the witness:
25 Is there a 60 percent increase in heart disease?

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1 THE COURT: I understand. That's what I'm
2 saying. You can say: Do you agree with the following
3 statement? Just like you would in taking a treatise
4 for that matter, take something out of the treatise.
5 We're not going to make any reference to prior
6 testimony from witnesses. That's what you're
7 complaining about.

8 MR. ROSS: My concern is saying: Do you
9 agree with the following statement: If you had a
10 treatise and somebody recognized that that was a
11 treatise, then you could recognize that.

12 I think the appropriate way to do it is to
13 say: Is there a 60 percent increase in heart disease,
14 or something to that effect.

15 THE COURT: He can ask the question any way
16 he wants: Do you agree with the statement? No
17 problem. As long as the statement is accurately
18 proven. Okay.

19 (The sidebar conference was concluded, and
20 the following proceedings were held in open court:)

21 BY MR. ROSENBLATT:

22 Q. Dr. Gilmore, do you agree or disagree with
23 the statement that smokers have a 60 percent increased
24 risk for developing coronary artery disease?

25 A. Yes, I do.

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1 Q. Do you agree or disagree with the statement
2 that cigarette smoking increases the probability of
3 getting a heart attack?

4 THE COURT: Can we go back to the first
5 question. The way the question was asked and the
6 answer doesn't make sense. The question I think is:
7 Do you agree or disagree with the statement? And you
8 said: Yes, I do.

9 THE WITNESS: I'm sorry.

10 MR. ROSENBLATT: Thank you, Judge. I made an
11 assumption as to how he was answering it. But okay.

12 BY MR. ROSENBLATT:

13 Q. I assume you meant you agree with that
14 statement?

15 A. I agree that the risk is about 60 percent
16 greater.

17 Q. And do you agree with the statement that
18 smoking increases the probability of getting a heart
19 attack by 60 percent?

20 A. Yes, I agree with that.

21 Q. And you would agree that smoking is related
22 to hardening of the arteries, coronary artery disease
23 and peripheral vascular disease, correct?

24 A. The relationship is an increased risk factor,
25 yes.

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1 Q. Have you ever done any research in this
2 field?

3 A. No.

4 Q. Have you ever done any research, period,
5 where you applied to a funding agency such as NIH or
6 any other funding agency for money to conduct research?

7 A. Yes.

8 Q. And what research did you conduct?

9 A. I don't remember, I think it was on
10 anti-arrhythmics. I had several grants from the
11 American Heart Association, but I honestly don't
12 remember what the subjects were.

13 Q. It was that long ago, you mean?

14 A. It was when I worked for the University of
15 Miami.

16 Q. What year did you stop there?

17 A. I worked there from 1956 to 1969.

18 Q. About 30 years ago. I mean, you left about
19 30 years ago?

20 A. Yes.

21 Q. When you were at the University of Miami
22 School of Medicine during that time frame, did you see
23 patients or were you strictly academic, teaching?

24 A. Well, the responsibilities were the teaching
25 of interns, residents, fellows, and the responsibility

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1 for patient care. So I had private patients. But more
2 than that I had teaching rounds with the interns,
3 residents and students. And I was involved in a small
4 amount of research.

5 Q. But you didn't actually have a practice where
6 you saw patients on a regular basis? The only time you
7 dealt with patients were -- I assume these were
8 hospitalized patients and you would make rounds with
9 residents or interns?

10 A. Yes, that's true. But I had the clinics, I
11 mentioned the hypertension and cardiology clinic and
12 peripheral vascular. But in addition I had a private
13 practice.

14 Q. Did you ever do an article on -- talk about
15 animal models, mechanisms?

16 A. No.

17 Q. How did they get your name? Do you know, how
18 did they hear of you?

19 MR. HEIM: Objection.

20 THE COURT: Sustain the objection unless he
21 knows because they told him.

22 BY MR. ROSENBLATT:

23 Q. I assume when you were first contacted in
24 this case -- how were you first contacted about being a
25 witness in this case?

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1 A. Well, in 1996 I was contacted by a member of
2 the law firm regarding tobacco cases. And I reviewed
3 tobacco cases when they were sent to me and had
4 conferences sometimes. And then this case came in
5 1997, I presume as a result of the work in 1996.

6 Q. What I'm trying to find out, Dr. Gilmore, is
7 the very first time you were contacted by a lawyer
8 about reviewing a case or testifying in a case
9 involving tobacco and health, who was the lawyer who
10 contacted you?

11 A. I don't remember his name, but it was from
12 Shook Hardy and Baker (sic) in Kansas City.

13 Q. Had you ever been contacted by them before?

14 A. No.

15 Q. They were total strangers to you?

16 A. Yes.

17 Q. So a lawyer calls from out of the blue and
18 asks you what?

19 A. Well, he calls the office and makes an
20 appointment, may I have a conference, I presume. And
21 we had a conference.

22 Q. He came down from Kansas City?

23 A. I believe so, yes.

24 Q. And you don't remember his name?

25 A. No.

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1 Q. You would have something in the office, I
2 assume, because you must have billed for that
3 conference?

4 A. We must have billed, but it might not mention
5 the name of the lawyer, simply the billing office.

6 Q. Shook, Hardy and Bacon?

7 A. Yes.

8 Q. During the course of that conference, did you
9 say to the lawyer: Well, how did you get my name? Or
10 who recommended me? Or how did you hear of me?

11 A. No.

12 Q. So to this day you just don't know?

13 A. I don't know.

14 Q. Well, do you know any of the local lawyers
15 that are involved in this case?

16 A. Yes. I know Mr. Ross. But I only know him
17 through this case.

18 Q. Okay. He's with the law firm of Greenberg
19 and Traurig, did you ever do workmen's comp work or any
20 other kind of testifying for the Greenberg Traurig law
21 firm?

22 A. I don't remember. I might have.

23 Q. How about, Coll Davidson is a Miami law firm
24 representing people in this case. Do you know that law
25 firm?

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1 A. No.

2 Q. How about Ben Reid with the law firm of
3 Carlton Fields? They represent Reynolds in this case
4 and they're a Miami firm.

5 A. I don't know them. I mean, I may have met
6 them at a conference, but I don't remember or know
7 these lawyers.

8 Q. How about Ed Moss?

9 A. No. I didn't know him prior to today.

10 Q. And you learned today that he's with Shook,
11 Hardy & Bacon?

12 A. No, I don't believe he's with Shook Hardy &
13 Baker (sic), but I don't know.

14 Q. He is. But you didn't know that?

15 A. No.

16 Q. As you sit here today you have no idea how
17 the law firm of Shook Hardy and Bacon ever heard of you
18 and why they contacted you?

19 A. That's correct.

20 Q. You agree, don't you, Dr. Gilmore, that
21 coronary heart disease is the leading cause of death in
22 the United States?

23 A. Yes, I do.

24 Q. Have you ever read a Surgeon General's
25 report?

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1 A. Yes. They're very long, so I may not have
2 read the whole thing, but I've looked at the surgeon
3 general's reports, yes.

4 Q. Did you read the 1983 Surgeon General's
5 Report, which I believe dealt with cardiovascular
6 disease?

7 A. Yes.

8 Q. So you're aware that the 1983 Surgeon General
9 Report concluded that cigarette smoking is a major
10 cause of coronary heart disease in the United States
11 for both men and women?

12 A. Yes.

13 Q. You just disagree with that? They should
14 have said "risk factor"?

15 A. When you read the report he uses the word
16 "risk" as well as "cause." And he's had -- that is,
17 it's not a "he," it's an office of the Surgeon General.
18 And they have a report on nutrition and diet which uses
19 the same kind of language, and they have a report on
20 physical activity, which uses the same kind of
21 language, saying that these are causation, or if you
22 took away the risk, the disease would be less.

23 Q. You're not saying there's a Surgeon General's
24 Report on nutrition and diet; I think what you're
25 saying is that, included within the 1983 Surgeon

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1 General's Report on cigarette smoking and its relation
2 to coronary heart disease, they discussed some of these
3 other things. That's what you're saying?

4 A. No, I'm saying there's a separate Surgeon
5 General's Report on diet and nutrition saying that this
6 is a risk factor or cause of coronary artery disease.

7 Q. What year is that, the Surgeon General's
8 Report on diet and nutrition?

9 A. Well, I can't tell you for sure. It might be
10 1998 -- or 1988 and there's a report -- there are many
11 Surgeon General reports, and they're successive years.
12 And as I say, they don't offer a balanced view of the
13 debate about risk factors and causation. And they do
14 conclude, as you say, that smoking is a cause of
15 coronary artery disease or arteriosclerosis.

16 Q. What have some of the other Surgeon General's
17 Reports, what have been some of the general titles of
18 some other Surgeon General's Reports? Obviously there
19 have been some on smoking, you mentioned one on diet
20 and nutrition. What other subjects?

21 A. There's one on physical activity.

22 Q. A Surgeon General's Report on physical
23 activity?

24 A. Yes.

25 Q. What year do you think that is?

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1 A. It's in the 1990s.

2 Q. Okay. Any other general subject matters?

3 A. No. Relative to my specialty of cardiology
4 these are risk factors and so I'm aware. And as I say,
5 I've read or glanced through the Surgeon General
6 Reports. And the gist of his message is that these are
7 modifiable risk factors that should be addressed.

8 Q. The Surgeon General devoted complete reports
9 to diet and nutrition and another complete report to
10 physical activity?

11 A. Yes.

12 Q. Now, I've heard, obviously, and the jury has
13 as well, because we've had a lot of board certified
14 physicians testify on behalf of the plaintiffs, we
15 understand the concept of internship, residency,
16 fellowship, but this is a new one on me: Trainee. You
17 said you were a trainee in the field of cardiology.
18 What does that mean?

19 A. It's the same as a fellowship. They were
20 addressed as fellowships or trainees.

21 Q. When you completed your study as a trainee,
22 did you get a certificate --

23 A. Yes, I did.

24 Q. -- of some kind?

25 A. Yes, I did.

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1 Q. Do you have it, which would indicate, as you
2 would, of course, when you complete an internship or
3 residency or fellowship, are you saying that you've got
4 a certificate indicating that you completed a period of
5 study as a trainee and received some kind of title as a
6 result thereof?

7 A. I may not have it, but I did receive a
8 certificate that said I completed a traineeship or
9 fellowship in cardiology. And I received two of them,
10 one from Philadelphia General Hospital and one from the
11 University of Miami.

12 Q. Now, internal medicine basically covers the
13 entire body, the only thing it doesn't involve is
14 surgery, correct?

15 A. That's correct.

16 Q. So that someone who specializes in the field
17 of internal medicine might be a gastroenterologist or
18 could focus in on the heart or could focus in on other
19 areas of the body, correct?

20 A. Yes.

21 Q. As a matter of fact you, early in your career
22 you got a fellowship I believe in the field of
23 gastroenterology?

24 A. Yes.

25 Q. Which is what, essentially the stomach?

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1 A. That's the stomach and bowel, the small and
2 large intestines.

3 Q. Totally unrelated to cardiology?

4 A. Yes.

5 Q. Now, I'm looking, Dr. Gilmore, at your
6 curriculum vitae where you list certain articles.

7 Have you ever published an article for
8 example in the New England Journal of Medicine?

9 A. No.

10 Q. Have you ever had an article of yours
11 published in the Journal of the American Medical
12 Association?

13 A. No.

14 Q. And I see in looking over your list of
15 publications, one was in 1957, you've got seven or
16 eight in the 1960s. And then you have in the early
17 '70s, 1971 and 1972. Have you published any articles
18 in any medical journal after 1972?

19 A. No.

20 Q. Without going through the publications from
21 the 1960s and early '70s, ending in 1972, is it fair to
22 say that none of your publications dealt with the issue
23 of tobacco and health and none of your publications
24 dealt with the subject of causation?

25 A. That's correct.

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1 Q. Is it fair to say, Dr. Gilmore, when the
2 lawyer whose name you forgot from Shook Hardy and Bacon
3 came down from Kansas City and had the meeting with
4 you, that what he wanted you to do was to review the
5 file of an individual as opposed to, you know,
6 generically discuss causation as opposed to risk
7 factors? He wanted you to look at a file of an
8 individual who had heart disease, correct?

9 A. That's correct.

10 Q. And you say that first contact was in January
11 of '96?

12 A. I don't remember the month, but it was in
13 1996.

14 Q. You do not -- since you left the University
15 of Miami when you were full-time there, you left in
16 1969, I understood you to say that you've maintained a
17 relationship with the School of Medicine, but you've
18 never taught there on a regular basis. I think
19 you said in your testimony about once a month?

20 A. Yes.

21 Q. And a lot of doctors who practice in the
22 community -- sometimes it's the same with law school --
23 sometimes in terms of adjunct professor or something
24 like that.

25 You would agree that a lot of practicing

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1 doctors in the community have that kind of relationship
2 with a medical school.

3 A. That's true.

4 Q. Is it fair to say, Dr. Gilmore, in terms of
5 your own practice, about 40 or 50 percent of the
6 patients that you see with heart disease are smokers at
7 the time you see them the first time?

8 A. I don't have an accurate figure. But that
9 may be true.

10 Q. Well, I think when your deposition was taken,
11 that was your best estimate?

12 A. I think that's my estimate, yes.

13 Q. Okay. And you tell all of them to stop
14 smoking?

15 A. Yes.

16 Q. And you've had many patients who were smokers
17 and who had serious heart disease who you told in
18 pretty emphatic terms to stop smoking and a certain
19 percentage of them, for whatever reason, did not stop
20 or could not stop, correct?

21 A. That's right.

22 Q. And that's very upsetting to you as a
23 physician?

24 A. That's correct, yes.

25 Q. Because, you know, one of the distinctions

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1 between modifiable risk factors and nonmodifiable risk
2 factors, obviously if someone is a higher risk because
3 they're a man rather than a woman, they can't change
4 that, although there's some operations around the
5 country. But I mean, basically you're stuck, you're
6 either a man or you're a woman. You can't change your
7 family history. Your parents have whatever diseases
8 they had and whatever family history you had, you're
9 stuck with.

10 But cigarette smoking is something that the
11 individual has some control over, wouldn't you think?

12 A. Yes.

13 Q. And to those patients who are unable to quit
14 smoking, you've sent them to clinics, you've had them
15 use the patch, you've had them use gum, nasal spray,
16 Zyban, the whole spectrum?

17 A. I don't think I've ever had anybody use the
18 nasal spray, but everything else, yes.

19 Q. Zyban is something kind of new, isn't it?

20 A. Yes, it is.

21 Q. And you've been fairly impressed with that,
22 haven't you?

23 A. Yes, I don't have a large experience with it
24 but it seems to be more effective than any of the other
25 programs.

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1 Q. And to a certain extent, Zyban, and you've
2 seen that advertised on television I'm sure --

3 A. Yes, I have.

4 Q. -- on national programs?

5 A. Yes, I have.

6 Q. Just as you've seen Nicorette gum advertised
7 on national programs?

8 A. Yes, sir.

9 Q. I think they're advertising a mint flavor
10 now. Have you seen those?

11 A. I haven't seen them.

12 Q. Obviously there's a lot of people out there
13 who need help, a lot of smokers that need help, because
14 that's expensive advertising, isn't it?

15 MR. HEIM: Objection, beyond the scope.

16 THE COURT: I agree, sustained.

17 BY MR. ROSENBLATT:

18 Q. And you've had patients with serious heart
19 disease who were smokers tell you, in effect: Doctor,
20 I know you mean well, but get off my back, I'm going to
21 keep smoking?

22 A. Yes, I have.

23 Q. You know, as I listened to your testimony,
24 and tell me if I've got it right, to me your bottom
25 line is, because of all these risk factors, you can

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1 never know, you, Dr. Gilmore, cardiologist, can never
2 know in an individual case what caused this person's
3 coronary heart disease?

4 A. That's correct.

5 Q. Isn't that frustrating when people say,
6 patients say to you, you know, why? And your answer is
7 you don't know?

8 A. That's exactly right.

9 Q. And even if someone was a two-pack-a-day
10 smoker for 30 years, they exercised, they weren't
11 overweight, they had a good family history, there were
12 really no other really strong risk factors, even in
13 that case you wouldn't say that the two packs a day for
14 30 years caused the heart attack. It would still be:
15 I just don't know?

16 A. I would say to the patient: I don't know
17 what caused your heart attack, but you're at very high
18 risk smoking so much cigarettes. And I'm asking you to
19 stop.

20 Q. Isn't it really semantics, the difference
21 between -- you know, Mr. Ross said: It's not really
22 semantics. You can call it a risk factor. But in
23 terms of your everyday practice with real, live people
24 and patients that you care about, and that you have a
25 responsibility toward, and who come to see you seeking

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1 your best advice, if they smoke, you tell all of them:

2 Stop smoking.

3 So what's the difference if you call it a

4 risk factor or cause? It's just semantics, isn't it?

5 A. Well, the bottom line is I tell them to stop

6 smoking.

7 Q. Right, so it really doesn't matter whether

8 it's risk factor, it certainly doesn't matter to them

9 because what you're telling them is: Stop. Correct?

10 A. I tell them to stop. That doesn't mean that
11 they're never going to get heart attacks or progression
12 of the disease or whatever, but I do tell them to stop.

13 Q. Let's talk a little bit about this concept of
14 cause.

15 You remember the disaster that happened in

16 this country with a drug called Thalidomide.

17 A. Yes, I do.

18 Q. Pregnant women took that drug. It was an
19 anti-nausea medication. And it caused some babies to
20 be born missing arms, correct?

21 A. That's my memory, correct.

22 Q. But, you know there were some women who took
23 Thalidomide and gave birth to perfectly normal babies,
24 didn't happen 100 percent?

25 MR. ROSS: Objection, Your Honor, completely

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1 beyond the scope of direct.

2 THE COURT: I think he's using an example.

3 Overrule the objection. See where it goes.

4 BY MR. ROSENBLATT:

5 Q. The point I'm making, what I'm asking you
6 about, you recognize that some pregnant women who took
7 the drug Thalidomide had perfectly normal babies?

8 A. That's true.

9 Q. Okay. But that fact in no way changes the
10 fact that in those babies who were born without arms,
11 the cause of that was their mother having taken
12 Thalidomide?

13 A. I believe that's true.

14 Q. Just as with AIDS, not everyone who has sex
15 with someone who is either HIV positive or who has
16 AIDS, not 100 percent of the people that have sex with
17 that person are going to get AIDS. Some people have
18 protection?

19 MR. ROSS: Objection, Your Honor.

20 THE COURT: Overrule. I think it's being
21 used for examples for the purpose of determining the
22 causation effect. I think is appropriate.

23 BY MR. ROSENBLATT:

24 Q. Isn't that true?

25 A. Well, the Thalidomide example is easy. But

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1 the AIDS example is so complicated. It has to do with
2 dose or resistance or immunity, so it's not as good of
3 an example in terms of Thalidomide in terms of cause
4 and effect.

5 Q. For your time that you've got in this case
6 you charged, what, \$300 an hour?

7 A. \$300 an hour for depositions and conferences.
8 And it's \$200 for reading case reports in general. So
9 it's between \$200 and \$300 an hour.

10 Q. You figure you've got about 100 hours in the
11 case or more?

12 A. In this case?

13 Q. All the tobacco --

14 A. Since 1996?

15 Q. Since you were first hired by that lawyer
16 from Shook, Hardy & Bacon.

17 A. I would bet it's 100 hours at least, yes.

18 Q. At least. It could be more?

19 A. Could be more.

20 Q. Okay. So if it's \$300 an hour for 100 hours
21 that's \$30,000 you've made from the tobacco companies?

22 A. Since 1996, yes.

23 Q. And they pay as soon as you bill, don't they?

24 MR. MOSS: Objection, Your Honor.

25 BY MR. ROSENBLATT:

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1 Q. They pay good?

2 MR. MOSS: Objection.

3 MR. HEIM: Unlike plaintiffs' counsel.

4 MR. ROSENBLATT: Absolutely. Unlike
5 plaintiffs' counsel, which is coming out of my pocket.

6 MR. MOSS: Well, Your Honor --

7 THE COURT: All right. Gentlemen, enough.

8 BY MR. ROSENBLATT:

9 Q. Now, you don't think you've ever gone to
10 court representing the person who was injured or
11 representing the person, the family of the person who
12 died; you were always on the defense side?

13 A. I'm not always on the defense side. But in
14 terms of appearing in court it's always been on the
15 defense side.

16 Q. Now, we were provided with a list of
17 attorneys that you have reviewed files for in workmen's
18 compensation cases.

19 Did you ever ask any of those attorneys, who
20 you know personally in the Miami area, whether they
21 recommended you to testify in this case.

22 A. No, I did not.

23 MR. ROSENBLATT: Judge, in terms of -- it's
24 going to be a short day. I mean, if we go --

25 MR. MOSS: Why don't we go sidebar?

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1 MR. ROSENBLATT: That's fine.

2 (The following proceedings were had at
3 sidebar:)

4 THE COURT: What are you trying to tell me?

5 MR. ROSENBLATT: This is what I'm trying to
6 tell you. I started thinking to myself: Well, let me
7 ask for a lunch break. But then I'm thinking, we could
8 take a lunch break, then we come back, I might be a
9 half hour.

10 But here's my problem. I would have to call
11 Susan to discuss, tell her where I'm at -- she's at the
12 office -- if you decide you'd want to finish before
13 lunch. I'd need a little break and I might finish in a
14 half hour.

15 THE COURT: That's fine. We'll go ahead and
16 finish up with your cross. Are you going to have much
17 redirect?

18 MR. ROSS: Five, ten minutes so far.

19 THE COURT: If we finish with this witness by
20 1:00, what have you got for the rest of the afternoon?
21 We could {} put Moss on, Moss on, and see what he has
22 to say.

23 MR. MOSS: I'd be glad to.

24 MR. HEIM: I mean, I can do it one of two
25 ways. I could probably get Dr. Karshman here and get

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1 him started.

2 THE COURT: Let's try that see what we've
3 got. No sense wasting the afternoon.

4 MR. ROSENBLATT: What other witness? I mean
5 the only names you gave me was Carchman to finish out
6 this week. If we were to put Carchman on today --

7 THE COURT: I'm sure they're not going to be
8 too unhappy if Friday is a short day.

9 MR. ROSENBLATT: Or off.

10 THE COURT: It's only Tuesday. Let's finish
11 up with this witness.

12 MR. ROSENBLATT: Well, in view of the fact
13 that you're saying -- it's the only good suggestion
14 that I agree with.

15 Now what I'm thinking, since we're coming
16 back anyway, I wouldn't mind taking a break now
17 representing to you even after I talk to Susan, I'm
18 going to be a half hour, an hour tops.

19 THE COURT: Then in that event, if you have
20 somebody this afternoon --

21 MR. HEIM: I could get them started.

22 THE COURT: Do the C.V.s and that sort of
23 thing.

24 MR. HEIM: I guess what Stan and I are both
25 saying, we start him this afternoon, we're probably

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1 going to finish by the end of the day Thursday, I would
2 think, with him, that's my guess, if that. So let's
3 see where it goes.

4 MR. ROSENBLATT: You can't get another
5 witness for -- I'm not pushing. I'm not pushing,
6 unless the judge is.

7 THE COURT: Well, they told me six to eight
8 weeks, basically, on their case, essentially. We've
9 got four weeks left before the end of April.

10 Considering the problem --

11 MR. ROSENBLATT: April is a weird month.

12 MR. HEIM: I think we're roughly on target.

13 I mean, even taking into consideration --

14 THE COURT: You don't have to take all this
15 down.

16 (Discussion off the record.)

17 (The sidebar conference was concluded, and
18 the following proceedings were held in open court:)

19 THE COURT: Folks, we've been talking about
20 the scheduling situation, lunch. We decided to go
21 ahead and take our lunch break now, finish up with this
22 witness after lunch. So go ahead and come back -- it's
23 now a little after 12:00. Why don't you come back at
24 1:15. That will give you an hour and ten minutes or
25 so.

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1 (The jurors exited the courtroom.)

2 THE COURT: All right. We'll be in recess
3 until 1:15.

4 (A lunch recess was taken at 12:10 p.m.)

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